



## A Word from the Agent . . .

It is finally starting to feel a little like fall and harvest season is definitely here. I know I mentioned this last month, but be sure to share the road with tractors and harvest equipment. Your drive might take a little longer,

but at least everyone will be safer.

This will be a busy month at the Extension Office from Fall Fest on Oct. 5th, to the Poultry Processing Class, regional classes, and processing hay samples for the hay contest. There will be plenty to learn and see so take your time while looking through this newsletter. There might just be a class that you are interested in attending!

Levi Berg

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# Forage Management Tips for October

- Feed hay as needed to allow cool-season pastures to accumulate forage growth for winter grazing.
- Do NOT harvest or graze alfalfa fields in October.
- Inventory and test each hay lot for forage quality value and consult a nutritionist to design a supplementation program as needed.
- Remove ruminants from pastures that contain sorghum species (forage sorghums, sorghumsudangrass hybrids, sudangrass, and johnsongrass) when frost is expected. Even small patches of johnsongrass that have been frosted can cause prussic acid poisoning.
- Begin strip grazing early planted small grain and brassicas (turnips and rape) mixes by the end of this month.





https://www.facebook.com/ ClarkCountyExtension

## Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

#### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.

University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.







#### Monday November 4

and

#### Monday November 11

6:00 pm each evening (Catered meal provided)

Estill County Extension Office (76 Golden Court, Irvine)

The Bull Assessment Program is a two-part educational program. The first session will be education from specialists (*listed below*) which will help aid producers when purchasing a bull. The second session will be a "Mock Auction". This program requires a commitment to participate in both parts.

- Breeding Soundness Exams
  - Dr. Les Anderson
- Bull Nutritional Management
   Dr. Jeff Lehmkuler and Katie VanValin
- Matching Genetics to Management
  - Dr. Darrh Bullock
- Targeting Selection for Specific Markets
  - Dr. Darrh Bullock
  - Tools for Selection
    - Dr. Darrh Bullock

## Registration fee: \$20.00 (check payable to E.C.E.S.L)

Mail check to: Estill County Extension Office
76 Golden Court; Irvine, KY 40336

Deadline to register: October 23, 2024

- This program will satisfy CAIP requirements -

# NEW IS THE TIME



Now is the time to prepare for spring planting by getting your soil tested. Nutrient and acidity levels in soil are analyzed so adequate fertilizer and lime recommendations can be made. Your report for a routine soil test will show the amount of Phosphorus, Potassium, Calcium, Magnesium, Zinc, pH and buffer pH.

You may stop by the Extension Office between the hours of 8:00 am to 4:30 pm, Monday thru Friday, to pick up a soil probe and soil bags. There is NO charge for testing your soil.





## October 15-17, 2024

Hardin County Extension Office ● 111 Opportunity Way; Elizabethtown

The three-day national conference, hosted by the University of Kentucky Martin-Gatton College of Agriculture, Food and Environment, invites producers to learn more about regenerative grazing and merging science and practice. This regional conference rotates annually among Kentucky, Indiana, Ohio, Illinois and Missouri.

This year's conference invites a dynamic speaker lineup of UK specialists, industry representatives and Kentucky producers. Agenda includes:

- Tuesday, October 15, join us for a pasture ecology workshop at a local regenerative agricultural operation, Glenmar Farms, in Cecelia, Kentucky. We will be doing a deep dive into all things related to ecological systems and welcoming Dr. Matt Poore from North Carolina State University. We will also be having the Heart of America banquet. We look forward to recognizing individuals dedicated to promoting regenerative agriculture and supporting our mission.
- Wednesday, October 16, we will be having the Heart of America Grazing Conference at the Hardin County Extension Office in Elizabethtown. We will hear from industry experts and speakers, including Ray Archuleta, to discuss all things regenerative agriculture, soil health, and pasture ecology.
- Thursday, October 17, we will be visiting Greg Brann's Big Springs Farm in Adolphus, Kentucky. Join us
  to see a well-established multi-species grazing operations with one of the nation's foremost experts on soil
  health.

Event details and registration can be found at <a href="https://2024HeartofAmerica.eventbrite.com">https://2024HeartofAmerica.eventbrite.com</a>.

To register by mail, send the phone number and payment to KFGC at the following address: Caroline Roper, UKREC, PO Box 469, Princeton, KY 42445. Please specify "Heart of America Grazing Conference" in the check memo line.





Learn the basics of poultry processing and preservation!

OCTOBER 26TH, 2024 AT 10:00AM
AT THE CLARK COUNTY EXTENSION OFFICE
1400 FORTUNE DR. WINCHESTER, KY

RSVP BY CALLING 859-744-4682 SPACE IS LIMITED!



Clark County Solid Waste, in partnership with the Kentucky Division of Waste Management presents this opportunity to properly dispose of any unwanted tires.

Any Kentucky State Resident Is Allowed To Participate!

# Thursday October 24

8:00 am - 4:00 pm

# Friday October 25

8:00 am - 4:00 pm

# Saturday October 26

8:00 am - 12:00 pm

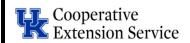
### Types of Tires NOT accepted:

- Foam or calcium filled tires
- Off road construction tires (OTR)
- Rubber Tracks
- Solid tries with or without press on rims
- Beads larger than 134 inches will be denied

KYTC DISTRICT 7
1055 Early Drive • Winchester

Tire Retailers, Scrap/Salvage Yards and Recycle Businesses are expressly PROHIBTED from participating in the Tire Amnesty Program.

~~ For questions or clarification, please call the Solid Waste Office at 859-745-0255 ~~



## **HARVESTING WEALTH FARM FINANCIAL CLASS**



Learn about farm structure, filing farm taxes, ag tax exemption, and ag production loans during this free online class

Speakers

Dr. Isaacs, UK Farm Managment Specialist Jerry Pierce, KFMB Program Coordinator Local Lenders for Production Loans



Watch parties available at the **Bourbon and Clark County Extension Offices for those** unable to attend online

### OCTOBER 15TH AT 6PM

PLEASE CONTACT THE CLARK COUNTY OR BOURBON COUNTY **EXTENSION OFFICES WITH MORE OUESTIONS!** 

CLARK: 859-744-4682 **BOURBON: 859-987-1895** 



"Today's Challenges, Tomorrow's Opportunities"

## **Kentucky Beef Conference**

### October 24, 2024

10:00—Welcome & Sponsor Recognition Beau Neal, Woodford County Agriculture & Natural Resources Extension Agent

Fayette County Extension Office University of KY Remarks & Welcome 1140 Harry Sykes Way Dr. Laura Stephenson, UK Director of Extension Lexington, Kentucky 40504

**Genomics Technology** 

9:00-10:00 Registration, visit sponsors

Dr. Troy Rowan, University of Tennessee Institute of Agriculture Beef Genetics

**Extension Specialist** 

11:00- Marketing Update & Outlook

\$10 registration fee

Dr. Kenny Burdine, UK Beef Economic

**Extension Specialist** 

12:00 Lunch

to Fayette County **Extension Office** 

859.254.3967

RSVP by October 22nd 1:00— Animal Tagging Update

Dr. Michelle Arnold, UK Extension Ruminant Veterinarian

1:30— KY Beef Cattle Health Update

Dr. Steve Velasco, KY Department of Agriculture State Veterinarian

2:00-Adjourn

## CLARK COUNTY **CATTLEMENS** MEETING

Oct. 8th, 2024 at 6:30pm at the Clark County Fairgrounds (4980 Ironworks Rd, Winchester, KY)

Topics Include: Pregnancy Checking and Breeding Health by Dr. Reister, Boonesboro Animal Clinic and Updates from Local Ag Groups

A Meal Will Be Provided and Membership Dues Can Be Paid On Site





To register, call the Extension Office 859-744-4682!







## **Introduction to Wild Game in Kentucky**

In Kentucky, many people enjoy being outdoors to hunt, fish, and trap. Kentucky is home to a wide range of wildlife with nearly 1,000 kinds of animals. We have the most elk this side of the Mississippi River. You can also find black bear, white-tailed deer, turkey, waterfowl, and bobwhite quail in our state.

About 550,000 anglers take to the waters and nearly 350,000 hunters go afield each year in Kentucky. They hope to find local game meat. Wild-game meat is tasty and healthy and can replace most protein found in recipes. Nearly all game meat is lean and offers a mix of nutrients with rich flavors. Game animals are active and have varied eating habits giving their meat a

distinct flavor and texture. When cooking game meat, use the right method. Lean game meats are best when stewed, roasted, or slowly cooked in moist heat such as a slow cooker or pressure cooker. Marinades can boost both the flavor and texture of game meats. Be sure to cook all game meat to 165 degrees F using a metal stem calibrated thermometer. Fish should be cooked to 145 degrees F.

Proper handling of game meat from field to table is key for food safety. Heat, dirt, and water can cause wild game meat to spoil. All meat and fish should be cooled to 40 degrees F or below shortly after harvest. To start cooling, remove the inside organs without cutting

them. If the organs are cut, feces could infect the carcass. This should be done as soon as large animals, such as deer, elk, and bear, are recovered because it can take quite a few hours to remove the carcass from the field. Do not rinse game meat in the field. Extra moisture boosts the growth of bacteria that can cause it to rot. Keep the meat clean by storing it in game bags or clean containers. This will protect the meat from insects, dirt, leaves, hair, and feathers.

For more information about wild game in Kentucky, hunting seasons, and required licenses, visit the Kentucky Department of Fish and Wildlife website at fw.ky.gov.

## RECIPE

### **Venison Stew**





**Source:** Adapted from Venison Recipe Collection, Compiled by Becky Nash, Extension Agent for Family and Consumer Sciences

#### Ingredients:

Servings: 6 Serving Size: 2 cups

- 1/2 teaspoon black pepper
- 1 teaspoon salt
- ½ teaspoon garlic powder
- 2 tablespoons flour
- 1 pound venison, cubed
- 1 tablespoon oil
- 3 cups water
- 1 onion, chopped
- 4 potatoes, cubed
- 3 carrots, sliced
- 3 stalks celery, chopped
- 2 bay leaves
- 1 tablespoon dried parsley

### **Directions:**

Combine pepper, salt, garlic powder, and flour in a plastic bag or large bowl. Add cubed venison and shake bag or toss to coat meat. Brown meat in hot oil, in a large, heavy saucepan. Stir in water. Add remaining ingredients and cook on high until it begins to Reduce and simmer heat approximately 1 hour. To thicken, in a small mixing bowl, stir ½ cup warm water into 2 tablespoons of flour. Add mixture into stew. Stir until thickened and bubbly. Cook an additional 30 minutes or until vegetables and meat are tender.

**Alternative to stove-top cooking:** use slow cooker set on low for 8 hours.

#### **Nutrition facts per serving:**

270 calories; 4.5g total fat; 1g saturated fat; 0g trans fat; 65mg cholesterol; 490mg sodium; 36g carbohydrate; 5g fiber; 5g sugars; 22g protein; 0% Daily Value of Vitamin D; 6% Daily Value of Calcium; 20% Daily Value of Iron; 25% Daily value of Potassium







University of Kentucky College of Agriculture, Food and Environment

Find this Cook Wild Kentucky recipe and others for Fish, Venison, Rabbit, Dove, Frog Legs, and more at: <a href="https://planeatmove.com/">https://planeatmove.com/</a> recipes/, then browse by Category, and choose Cook Wild Kentucky.